

This week's Audio, Video, and Teaching Notes are posted here.

The Word Made Food (Festival of Unleavened Bread; Everyone Eats; Feeding Body and Spirit; The First Commandment & Sin; Don't Add to or Take Away from the Word of God; Flesh but No Blood; What Comes Forth from Sinai; Leviticus 11 & Deuteronomy 14; A Diet for God's Son Israel – A Holiness Diet; What Defiles a Man; Clean vs Unclean; Fasting in Times of Great Sorrow; Rend Your Hearts; Isaiah 58; Man Does Not Live by Bread Alone; The Prophet's Diet; Feeding God's People from the Mouth of YHVH; The Book Contains the Truth; Speak YHVH for Your Servant is Listening; A Famine of Hearing the Words of YHVH; Taste and See That YHVH is Good)

**April 13, 2019 – Ross Nichols**  
**The Word Made Food**

Audio/Video Link: <https://unitedisrael.org/the-word-made-food/> &

<https://www.youtube.com/watch?v=09LjOUQcpzw>

Weekly Dialogue: <https://www.youtube.com/watch?v=ml02GmBikHE>

**TEACHING NOTES**

-Our 76<sup>th</sup> UIWU Annual Meeting and Conference, April 26-28, 2019, Charlotte, NC is coming up in a few weeks. People continue to register and plan to join us in Charlotte, NC. Hopefully many of you can make it. I am really looking forward to it. Please join us if you can. <https://uiwu.unitedisrael.org/conference-2019/>

-In talking about food, eating, and diet this week it's been very interesting. Years ago when I decided to follow the dietary laws nobody wanted to talk to me about what you could eat and what you couldn't eat. Diet is something that is very personal. Money is made in people writing about what's good for you and what's bad for you and what's the latest diet, so I'm going to teach you about diet today. I want to teach on this subject in a different way while bringing in two aspects which tie into an internalization of the word of God. Today we will talk about a spiritual diet.

-Soon many of us will be keeping the festival of Unleavened Bread where we will be getting off of something that has become a mainstay in diets around the world. You are going to alter your diet. In its place you are going to eat unleavened bread. Eating, food, and diet is something of great importance and it's something that everyone does. Everything takes in nutrients, that which sustains life requires eating. The root word in Hebrew for eating, to eat, to consume, is the most frequently used word in all of scripture. Why is that? It's because everybody and everything does it. In times of plenty, people do it several times a day. Today we will talk about what you need to take into yourself in order to be nourished in a way that sustains not just life, but abundant life. You can over indulge on the wrong kinds of food and you can live, but I'm talking about quality of life. Something that makes us feel good, the way we were intended to feel. Today's class will involve something both physical and spiritual.

-When God created man in his image we have this image of a lifeless being and he breathed into this lifeless being his ruach and man becomes a living life breather. Body plus spirit equals a living soul. Many have taught us that we are made up of body, soul, and spirit but this is not biblical. You are a living soul comprised of a body and a spirit.

Today's class is about how to feed both of these. Some of you may be feeding the spiritual side and not the physical side, or the other way around. How can we become a living life breather in the highest way possible?

-Gen 1:29-31 And God said, "Behold, I have given you every plant yielding seed that is on the face of all the earth, and every tree with seed in its fruit. You shall have them for food. And to every beast of the earth and to every bird of the heavens and to everything that creeps on the earth, everything that has the breath of life, I have given every green plant for food." And it was so. And God saw everything that he had made, and behold, it was very good. And there was evening and there was morning, the sixth day.

-At the end of God's creation he blesses humanity, charges them, and then gives them a diet. We have to eat. The very first thing that God gives to man is a prescribed diet. What is it that man is supposed to eat to keep this fantastic thing that is a gift from God going from day to day? Think about the human body and what God has created here, it has to run on something and keep going. Don't eat from this tree that's in the midst of the garden, the tree of the knowledge of good and bad, for on the day that you eat thereof, dying you shall surely die. After God's creation he blesses humanity, charges them, and then gives them what it is they need to consume in order to have a life that is good and pleasing and he's given one prohibition. Don't eat what I tell you, don't eat.

-Gen 2:16-17 And YHVH Elohim commanded the man, saying, "You may surely eat of every tree of the garden, but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall surely die."

-After receiving the first commandment not to eat of the tree of knowledge of good and evil we have the first sin dealing with a violation of the first command dealing with diet.

-Gen 3:1-3 Now the serpent was more crafty than any other beast of the field that YHVH Elohim had made. He said to the woman, "Did God actually say, 'You shall not eat of any tree in the garden'?" And the woman said to the serpent, "We may eat of the fruit of the trees in the garden, but God said, 'You shall not eat of the fruit of the tree that is in the midst of the garden, neither shall you touch it, lest you die.'"

-Early on we begin to understand that violation of diet brings all sorts of repercussions. The whole story of man's path away from God begins with eating what you are not supposed to eat. The woman in her conversation with the snake adds to the words of God. He only said don't eat, she also added don't touch. She takes it beyond what's required, adding stringencies that aren't required and adding to the words of God and therefore she let the guard down.

-Deu 4:2 You shall not add to the word that I command you, nor take from it, that you may keep the commandments of YHVH your God that I command you.

-Deu 12:32 "Everything that I command you, you shall be careful to do. You shall not add to it or take from it.

-If you add to or take away from the word of God you are not guarding. To guard the word means to leave it alone. Don't add to it or take away from it. The woman does this in regards to a dietary restriction and ultimately she is found to be a liar.

-Pro 30:6 Do not add to his words, lest he rebuke you and you be found a liar.

-Once the man and the woman are expelled from the garden food isn't readily available.

-Gen 3:17-19 And to Adam he said, "Because you have listened to the voice of your wife and have eaten of the tree of which I commanded you, 'You shall not eat of it,' cursed is the ground because of you; in pain you shall eat of it all the days of your life; thorns and

thistles it shall bring forth for you; and you shall eat the plants of the field. By the sweat of your face you shall eat bread, till you return to the ground, for out of it you were taken; for you are dust, and to dust you shall return."

-You are still going to eat the herb of the field but you are going to have to work for it. Whether it's a physical or spiritual diet, you can still get the right food but it's going to take some sweat, you are going to have to work for it. It is labor intensive to eat the right things. To get the right nutrients it takes work and it's been that way since mankind was expelled from Eden.

-In the story of Noah there is a diet change after the flood. It could be because all of the plant life was dead but they are given an allowance to eat flesh but there is a restriction there as well, not to take in the blood. There is also distinction made at this time between clean and unclean animals. However according to the story of Noah, all flesh is given to you. Man people say they are non-Jews and they are not held accountable to the Mosaic Sinai revelation and therefore people eat whatever they want.

-In what comes forth from Sinai we encounter dietary laws and rules. Leviticus 11 and Deuteronomy 14 deals with diet and what is or is not permitted as regards to consuming of flesh. There are some things that most people are pretty aware of like; no swine, and it even tells why. Anything that spends part time or full time in the water, whatever you take in has to have both fins and scales. In Deuteronomy 14 YHVH begins to refer to Israel as his son. This is sort of a diet for God's son. YHVH commands his son, Israel, a specific diet. You are a holy people, chosen, and a special treasure. This is a holiness diet for those who consume flesh.

-Many have been taught that what goes in a mouth doesn't defile, it's what comes out, but this isn't the idea we get in the biblical text. We do get the idea that putting the wrong food in can defile. Whether it's physical or spiritual, eating the wrong thing can have a negative effect on you. It can defile you. To defile something is to take something that's intended to be pure and holy and in a certain way you corrupt it, mess it up, and put the wrong fuel in it. Put in it what supposed to go in it.

-Eze 4:13-15 And YHVH said, "Thus shall the people of Israel eat their bread unclean, among the nations where I will drive them." Then I said, "Ah, Adonai YHVH! Behold, I have never defiled myself. From my youth up till now I have never eaten what died of itself or was torn by beasts, nor has tainted meat come into my mouth." Then he said to me, "See, I assign to you cow's dung instead of human dung, on which you may prepare your bread."

-We need to understand that Ezekiel has this idea that I have never defiled this thing that you gave me by eating that which is forbidden. This is an important lesson for us. This same idea is presented in the Book of Acts when Peter has a vision where a sheet drops down with all these unclean beasts. Rise Peter, kill and eat. Then Peter says no I'm not going to eat that, that's not clean. Many people use this to say they can eat anything because God says, don't call unclean what I've called clean. If you read the rest of the story it's about people. The vision of showing the unclean animals was to prepare the mind of one who was taught improperly according to traditions and customs that some people were unclean. This was to show that the people they thought who were unclean, God calls them clean. It doesn't mean to go out and eat unclean things because this is not biblical. People don't like it when you tell them what to eat. You eat what you want but if

you are interested in a biblical diet you won't consume things which God says are an abomination.

-There is a time to eat and there is a time to refrain from eating when we are fasting. In the Book of Jonah, both the people and the beasts fast according to the story. Fasting, depriving oneself of physical food is one way that people believed anciently and up to today to bring oneself low, to humble oneself, to put oneself in a place where we can be more in tune to the spiritual side by depriving the physical.

-Times of great sorrow/loss, periods of separation are also mentioned in scripture where people take on special diets and refrain from eating all together. In 2 Samuel 1 Saul and Jonathan are killed and all the people fasted. In 2 Samuel 12 David loses a son and he doesn't eat. We have people who have lost someone very special to them and they have said, I couldn't bring myself to eat. It's not as effective if you intentionally deprive yourself of food to get low. I'm talking about when you are low and you don't even think about food something else keeps you going.

-When we are seeking to amend our relationship with the creator, we will sometimes not even stop to eat. In Daniel 9 it tells about how he is fasting and praying and it's a very beautiful strong prayer. In Ezra 8 and Nehemiah 1 it often talks about holding back from consuming physical nutrients because we are seeking to draw closer to God. Don't think that just by avoiding physical food that this in and of itself is going to draw one close to God. Do what you do because you are trying to reach the creator.

-Joe 2:12-13 "Yet even now," declares YHVH, "return to me with all your heart, with fasting, with weeping, and with mourning; and rend your hearts and not your garments." Return to YHVH your God, for he is gracious and merciful, slow to anger, and abounding in steadfast love; and he relents over disaster.

-Isaiah 58 is one of the most powerful on this subject matter. If you fast and you think that you are reaching God, read Isaiah 58. It's very important. Just as true and effective fasting requires an inner change in man, it goes beyond going without food. So too does scripture indicate that while we need physical food, more is needed for your to be nourished in a way that brings about abundant life. You can live on a healthy diet physically but from that time that man is created, he is comprised of two parts. We each have two parts, a physical part and a spirit, the very breath of the creator, and you have to feed both.

-In the Garden of Eden food was readily available, outside the garden that good food was still available but you had to work for it. In the wilderness where there wasn't an availability to feed the mass of people God himself provided manna from heaven. Whether physical food is worked for or miraculously provided there is another form of nourishment that's mentioned in scripture.

-Deu 8:1-3 "The whole commandment that I command you today you shall be careful to do, that you may live and multiply, and go in and possess the land that YHVH swore to give to your fathers. And you shall remember the whole way that YHVH your God has led you these forty years in the wilderness, that he might humble you, testing you to know what was in your heart, whether you would keep his commandments or not. And he humbled you and let you hunger and fed you with manna, which you did not know, nor did your fathers know, that he might make you know that man does not live by bread alone, but man lives by every word that comes from the mouth of YHVH.

-Bread alone doesn't lead to life. People focus on this verse but I don't think that they really get what its saying. You cannot just live on bread or just live on the physical, to truly live a full life you have to be complete. In the prophet's diet, what it suggests is that the other part of our diet, you have bread / physical nourishment, you also have this other nutrient that must be in your diet and is called that which comes forth from the mouth of YHVH. The "mouth of YHVH" is generally translated as "the commandment of the Lord". According to the mouth of YHVH they moved, and according to the mouth of YHVH they stopped.

-Isa 40:4-5 Every valley shall be lifted up, and every mountain and hill be made low; the uneven ground shall become level, and the rough places a plain. And the glory of YHVH shall be revealed, and all flesh shall see it together, for the mouth of YHVH has spoken."

-Mic 4:4 but they shall sit every man under his vine and under his fig tree, and no one shall make them afraid, for the mouth of YHVH of hosts has spoken.

-Jer 9:12 Who is the man so wise that he can understand this? To whom has the mouth of YHVH spoken, that he may declare it? Why is the land ruined and laid waste like a wilderness, so that no one passes through?

-The idea is that the mouth of YHVH, these words that come forth from the mouth of YHVH is connected to the diet of the prophet, one who speaks forth the things of God.

-Jer 23:16-18 Thus says YHVH of hosts: "Do not listen to the words of the prophets who prophesy to you, filling you with vain hopes. They speak visions of their own minds, not from the mouth of YHVH. They say continually to those who despise the word of YHVH, 'It shall be well with you'; and to everyone who stubbornly follows his own heart, they say, 'No disaster shall come upon you.'" For who among them has stood in the council of YHVH to see and to hear his word, or who has paid attention to his word and listened?

-There are two classes of people out there, people who are talking to you from their own stubborn, bad, evil heart and telling you something that YHVH didn't say and then you have people speaking that which comes from the mouth of YHVH. We have to deal with this in our day so let's talk about diet. Religious teachers have their own ideas and try to take people away from Torah and the teaching of YHVH, this is an unhealthy diet. These people who do this are feeding my people junk. They are feeding God's people that which does not give life and nourishment and depriving them of a healthy diet because they are speaking from their own heart and not from the mouth of YHVH. Can they live, sure, can they live an abundant life, no. The true prophet speaks the word of YHVH's mouth and they've stood in his council to see and to hear the word of YHVH. We have the words of the prophets. Those who don't teach the words of the prophets are causing great danger, starvation and malnutrition. People are starving around the world because of these false teachers. False prophets speak visions of their own heart, true prophets speak from the mouth of YHVH.

-Deu 18:15-18 "YHVH your God will raise up for you a prophet like me from among you, from your brothers—it is to him you shall listen—just as you desired of YHVH your God at Horeb on the day of the assembly, when you said, 'Let me not hear again the voice of YHVH my God or see this great fire any more, lest I die.' And YHVH said to me, 'They are right in what they have spoken. I will raise up for them a prophet like you from among their brothers. And I will put my words in his mouth, and he shall speak to them all that I command him.

-This idea is that God is speaking to those who stand in his council, the prophets who hear his words, they are conveying the words from the mouth of YHVH. This is what's required for you to have an abundant life. People who don't spend time in the Hebrew Scriptures and otherwise call themselves biblical, they are trying to eat something that's not the main course. This is the good stuff, the healthy diet. It's the words of the living God.

-Jer 1:9 Then YHVH put out his hand and touched my mouth. And YHVH said to me, "Behold, I have put my words in your mouth.

-Eze 2:8-3:12 "But you, son of man, hear what I say to you. Be not rebellious like that rebellious house; open your mouth and eat what I give you." And when I looked, behold, a hand was stretched out to me, and behold, a scroll of a book was in it. And he spread it before me. And it had writing on the front and on the back, and there were written on it words of lamentation and mourning and woe. And he said to me, "Son of man, eat whatever you find here. Eat this scroll, and go, speak to the house of Israel." So I opened my mouth, and he gave me this scroll to eat. And he said to me, "Son of man, feed your belly with this scroll that I give you and fill your stomach with it." Then I ate it, and it was in my mouth as sweet as honey. And he said to me, "Son of man, go to the house of Israel and speak with my words to them. For you are not sent to a people of foreign speech and a hard language, but to the house of Israel—not to many peoples of foreign speech and a hard language, whose words you cannot understand. Surely, if I sent you to such, they would listen to you. But the house of Israel will not be willing to listen to you, for they are not willing to listen to me: because all the house of Israel have a hard forehead and a stubborn heart. Behold, I have made your face as hard as their faces, and your forehead as hard as their foreheads. Like emery harder than flint have I made your forehead. Fear them not, nor be dismayed at their looks, for they are a rebellious house." Moreover, he said to me, "Son of man, all my words that I shall speak to you receive in your heart, and hear with your ears. And go to the exiles, to your people, and speak to them and say to them, 'Thus says YHVH GOD,' whether they hear or refuse to hear." Then the Spirit lifted me up, and I heard behind me the voice of a great earthquake: "Blessed be the glory of YHVH from its place!"

-Ezekiel is giving us an example in a vision where he sees a scroll before him containing the words of YHVH which he is commanded by God to eat, he does, and it becomes sweet as honey in his mouth. Then he is told to go to his people. A very prominent theme in the prophets is, I'm sending you to your people and your people will not listen. The truth is not in the religious teachers, the truth is in the Hebrew Scriptures. Sustenance doesn't come from the teachers, it comes from the scriptures. Ideally you will find teachers who will teach from the Hebrew Scriptures. The person teaching isn't the truth, it's the book that contains the truth.

-Jer 15:15-18 O YHVH, you know; remember me and visit me, and take vengeance for me on my persecutors. In your forbearance take me not away; know that for your sake I bear reproach. Your words were found, and I ate them, and your words became to me a joy and the delight of my heart, for I am called by your name, O YHVH, God of hosts. I did not sit in the company of revelers, nor did I rejoice; I sat alone, because your hand was upon me, for you had filled me with indignation. Why is my pain unceasing, my wound incurable, refusing to be healed? Will you be to me like a deceitful brook, like waters that fail?

-He's telling YHVH, I have no other way to sustain myself than you. My friends have left me. I go to you, and when I go to you I see a stream of water and as I approach he's saying is a mirage. Brooks that fail.

-Jer 15:19-21 Therefore thus says YHVH: "If you return, I will restore you, and you shall stand before me. If you utter what is precious, and not what is worthless, you shall be as my mouth. They shall turn to you, but you shall not turn to them. And I will make you to this people a fortified wall of bronze; they will fight against you, but they shall not prevail over you, for I am with you to save you and deliver you, declares YHVH. I will deliver you out of the hand of the wicked, and redeem you from the grasp of the ruthless."

-He ate YHVH's words while others were talking and gossiping about him but he said, I set alone and ate what you gave me and that's what brought me joy. He calls God's word the joy and rejoicing of his heart. Your words were found and I ate them, indicating he had to find them first. If you bring forth the precious from the profane

-1Sam 3:1-10 Now the boy Samuel was ministering to YHVH in the presence of Eli. And the word of YHVH was rare in those days; there was no frequent vision. At that time Eli, whose eyesight had begun to grow dim so that he could not see, was lying down in his own place. The lamp of God had not yet gone out, and Samuel was lying down in the temple of YHVH, where the ark of God was. Then YHVH called Samuel, and he said, "Here I am!" and ran to Eli and said, "Here I am, for you called me." But he said, "I did not call; lie down again." So he went and lay down. And YHVH called again, "Samuel!" and Samuel arose and went to Eli and said, "Here I am, for you called me." But he said, "I did not call, my son; lie down again." Now Samuel did not yet know YHVH, and the word of YHVH had not yet been revealed to him. And YHVH called Samuel again the third time. And he arose and went to Eli and said, "Here I am, for you called me." Then Eli perceived that YHVH was calling the boy. Therefore Eli said to Samuel, "Go, lie down, and if he calls you, you shall say, 'Speak, YHVH, for your servant hears.'" So Samuel went and lay down in his place. And YHVH came and stood, calling as at other times, "Samuel! Samuel!" And Samuel said, "Speak, for your servant hears."

-This is a key for us. It's rare, a lot of people claim to hear from God, it's not my job to say whether they do or not. I have no idea. If you think you do, you better be saying, speak YHVH, your servant is listening. It's rare to hear from God. In deed there is a famine in the land. We are talking about diet and there is a famine in the land.

-Amo 8:11-12 "Behold, the days are coming," declares Adonai YHVH, "when I will send a famine on the land—not a famine of bread, nor a thirst for water, but of hearing the words of YHVH. They shall wander from sea to sea, and from north to east; they shall run to and fro, to seek the word of YHVH, but they shall not find it.

-I believe that there is a famine in the land for hearing the word of YHVH. If you could see in the spirit people are just emaciated, starving, and malnourished. Why? If you look out at the physical, they look normal. They are dressed nicely and driving nice vehicles and living their life. If you look in at the spiritual they look like they are starving. Only one thing can satisfy a man's hunger, only one thing can feed this famine, that is the word of YHVH, the words which proceed forward from the mouth of YHVH, nothing else will work.

-If we read books that don't talk about the words of YHVH it is not a healthy diet for you to consume. If they say the Torah is done away with, I'm not going to eat that, it's not

healthy. If you eat this teaching it may not kill you today but it's going to lead you down a wrong path of improper nutrition. If you start reading about God that doesn't match with the scriptures, that which comes forth from God's mouth himself, and you start reading things like that, it's like bad ingredients on a food product.

-The word of YHVH, that which proceeds out of the mouth of YHVH is necessary for life. We cannot live on bread alone, physical sustenance. I'm talking about the word of YHVH which Psalm 33 says is upright. By the word of YHVH the heavens were made. Everything that came into existence was spoken into existence by the word of YHVH. We need more of this inside, that nutrient that is missing.

-Isa 40:8 The grass withers, the flower fades, but the word of our God will stand forever.

-Isa 55:8-11 For my thoughts are not your thoughts, neither are your ways my ways, declares YHVH. For as the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts. "For as the rain and the snow come down from heaven and do not return there but water the earth, making it bring forth and sprout, giving seed to the sower and bread to the eater, so shall my word be that goes out from my mouth; it shall not return to me empty, but it shall accomplish that which I purpose, and shall succeed in the thing for which I sent it.

-As this occurs in the physical so also will it occur in the spiritual, when the word of God goes forth it waters and brings forth that seed which has been planted and produces something very nutritious and wholesome for us. David said in Psalm 34, O taste and see that YHVH is good. When Ezekiel ate the scroll he said it was sweet.

-Psa 19:10 More to be desired are they (the words of God) than gold, even much fine gold; sweeter also than honey and drippings of the honeycomb.

-Psa 119:103 How sweet are your words to my taste, sweeter than honey to my mouth!

-Job 23:12 I have not departed from the commandment of his lips; I have treasured the words of his mouth more than my portion of food.

-We ought to put more emphasis on feeding the spiritual. We plan physical meals all the time. Do you know how much time we spend feeding our physical self? How much time do we put towards the spiritual? How often do we talk about what we're eating in scripture today? This is what keeps you alive in a way that much of the world doesn't even know or understand, they can't see it or taste it. We ought to be sharing, this is amazing, try this.

-The problems with our food is that I started thinking about our diets. There's stuff in our diet called additives that shouldn't be there. Things that are added to our diet that aren't good for you and you may or may not know it. Once you are informed then you can look for it and never eat it again. If you know something causes you problems, most of us are not going to do it. There are other things that we eat that are missing key ingredients. It's why we have labels that tell us what we need in our diet. There are things that have been added to your diet and things that have been taken to your diet.

-In the physical if you are allergic to something how much effort are you going to be putting in to not consume that, allot. Some people are very careful in not eating things they are allergic to because it can kill them. We need to do that with the spiritual. We also often eat what's pleasing to our eyes, desirous. There are some foods that we just look at and we can't hold back, we have to have it.

-That happened in the garden too. She was willing because it was desirous to the eyes. She was willing to ignore what she knew. I knew I shouldn't have had it but I did it

because my eyes deceived me and I felt like I had to have it. I'm talking physical and spiritual here, it's both. We eat too much of what's bad for us and not enough of what good for us. Our world is suffering, hunger, starvation, malnutrition, we're unhealthy, we're unhappy both spiritually and physically. Our world needs that which comes forth from the mouth of YHVH in order to provide us abundant life. The following is what the world truly needs in its diet.

-Isa 45:22-23 "Turn to me and be saved, all the ends of the earth! For I am God, and there is no other. By myself I have sworn; from my mouth has gone out in righteousness a word that shall not return: 'To me every knee shall bow, every tongue shall swear allegiance.'

-If what you're consuming does not match that you need to change your diet. O YHVH, our father in heaven, give us this day our daily bread.

Shabbat Shalom and Shavua Tov; See you next week!

## **THIS WEEK IN TORAH**

APRIL 13, 2019

This week's Torah Portion Metzora: "Leper" (Leviticus 14:1 – 15:33) Laws for cleansing lepers, The first stage of Metzora's purification, From arrogance to humility, The second stage – shaving, The final stage of purification offerings, The offering of the poor Metzora, Tzaraas on houses, Laws for cleansing houses, Laws about bodily discharges, Male and Female discharges.

"This Week in Torah" FB Page: <https://www.facebook.com/groups/571648826269105/>

## **UNITED ISRAEL WORLD UNION (UIWU) WEBSITES**

-UIWU Official Website: <https://unitedisrael.org/>

-UIWU YouTube Website:

[https://www.youtube.com/channel/UCq31WAlio9zC1eXDzrEVzlg/videos?view\\_as=public](https://www.youtube.com/channel/UCq31WAlio9zC1eXDzrEVzlg/videos?view_as=public)

-UIWU Facebook Website: <https://www.facebook.com/groups/unitedisraelworldunion/>

-UIWU Facebook Live: <https://www.facebook.com/unitedisrael/>

-UIWU President, Tabor Blog, Religion Matters from the Bible to the Modern World: <https://jamestabor.com/>

-UIWU Executive Vice-President, Ralph Buntyn, "Remembering David Horowitz": <https://unitedisrael.org/category/remembering-david-horowitz/>

## **FRIENDS OF UNITED ISRAEL WORLD UNION**

-Blossoming Rose, Official Curator of Biblical Tamar Park: <https://blossomingrose.org/>

-Kol Yehuda, A Voice from Judah, Connecting you to Israel: <https://www.kolyehuda.com/>

-Simcha Jacobovici: The Naked Archaeologist: <https://www.facebook.com/groups/57979546982/>

## **UPCOMING EVENTS**

-UIWU 76<sup>th</sup> Annual Meeting and Conference, April 26-28, 2019, Charlotte, NC: <https://uiwu.unitedisrael.org/conference-2019/>

-UNCC Mt. Zion Archaeological Project, Dig Mt. Zion (2019):

<https://digmountzion.uncc.edu/>, <https://www.facebook.com/groups/digmountzion/>

-Blossoming Rose Israel Tours

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